## DR. AMBEDKAR COLLEGE, DEEKSHABHOOMI, NAGPUR

## PSYCHO- SOCIAL COUNSELING CELL A Short Film on Depression

## DR. AMBEDKAR COLLEGE, DEEKSHA BHOOMI NAGPUR. PSYCHO-SOCIAL COUNSELING CELL

Date: 12/10/2019

## Notice

All the students are hereby informed that the Psycho-Social Counseling Cell is showing A Short Film on Depression, to aware students, on the Occasion Of World Mental Health Week on 16<sup>th</sup> October 2019 in Mini Auditorium at 11 am.

All the students must remain present.

Principal

Mr. R. V. Patil

DACN

Officiating Principal

Dr. Ambedkar College,

Deekshabhoomi,

Nagpur.

On the occasion of "World Mental Health Week", Psycho-Social Counseling Cell' arranged a Short film on Depression on 16<sup>th</sup> October, 2019.

Now a day's, depression is most commonalty seen disorder among all age groups. Depression affects their day to day life as well as their progress in various fields. In youth, depression can be seen because of many reasons; it may be failure in academics, relationship or adjustment. Mostly people ignore the symptoms of depression. Relatives and family members are also do not pay any attention to the person who faces depression. So for awareness, Counseling Cell organized to show a short film named "Let's talk" on depression, Directed by Saket Ladsawangikar, Produced by Arvind Pakhale.



